

PREMIER
HEALTH SCREENING PACKAGE

RM **808**

FOR HIM

DETAILED PRE-SCREENING DOCTOR'S CONSULTATION & FULL PHYSICAL EXAMINATION

Personal, Family & Social Medical History Review and Full Physical Examination

COMPREHENSIVE BODY MEASUREMENT

Physical Measurement

- Blood Pressure, Heart Rate, Temperature, Visual Acuity, Color Vision

Anthropometry

- Height, Weight, Body Mass Index (BMI), Waist Circumference
- Body Composition Analysis (BCA)

FUNCTIONAL EXAMINATION

- Spirometry (Lung Function Test)

COMPREHENSIVE BLOOD INVESTIGATION

Full Blood Examination

- WBC with Differential Count, RBC, Hb, HCT/PCV, MCV, MCH, MCHC, Platelet, RDW
- Blood Group & Rh-D Typing, Erythrocyte Sedimentation Rate (ESR)

Liver & Biliary Profile

- Total Protein, Albumin, Globulin, Total Bilirubin, ALP, GGT, ALT, AST

Renal (Kidney) Profile

- Creatinine, eGFR, Urea, Uric Acid, Sodium, Potassium, Chloride, Calcium, Phosphate

Diabetic Screen

- Fasting Glucose
- HbA1c

Lipid (Fat) Profile

- Total Cholesterol, Triglycerides, HDL Cholesterol, LDL Cholesterol, Cholesterol/HDL Cholesterol Ratio

Hepatitis Screen

- Hepatitis A IgG Antibody
- Hepatitis B Surface Antibody (Anti-HBs), Hepatitis B Surface Antigen (HbsAg)

Thyroid Function Test

- Thyroxine (T4)
- Thyroid Stimulating Hormone (TSH)

Bone & Joint Profile

- Rheumatoid Factor (Uric Acid & Calcium are within Renal Profile)

Tumour (Cancer) Marker Studies

- Prostate Specific Antigen (PSA) - Prostate

Cardiac Profile

- High sensitivity c- Reactive Protein (hs-CRP)

Urine Full and Microscopic Examination

- Appearance, Specific Gravity, pH, Protein, Glucose, Ketone, Blood, WBC, RBC, Epithelial Cell, Cast, Crystal

CARDIAC EXAMINATION

- Resting Electrocardiogram (ECG)
- Cardiac Stress Test (Treadmill ECG)

RADIOLOGY EXAMINATION

- Chest X-Ray
- Pelvic Ultrasound - Bladder and Prostate
- Upper Abdomen Ultrasound - Gallbladder, Kidneys, Liver, Pancrease, Spleen

DETAILED POST-SCREENING CONSULTATION & REPORT

- Dietitian's Consultation - Post Examination Diet & Nutrition Recommendations
- Doctor's Consultation & Report - Post Examination Lifestyle Recommendations

BREAKFAST/ BRUNCH

APPOINTMENT BOOKINGS

☎ 06-8505 083 / 012-3153882
(Health Screening Centre)

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HEALTH SCREENING CENTRE

🕒 Monday to Friday 8:00am to 5:00pm
Saturday 8:00am to 1:00pm
Sunday By appointment only
CLOSED ON PUBLIC HOLIDAYS